Faber and O'Guinn with Scoring

Compulsive Buying Scale

1. Please indicate how much you agree or disagree with each of the statements below.

   Place an X on the line that best indicates how you feel about each statement.

<table>
<thead>
<tr>
<th>Neither</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Neither Agree nor Disagree</th>
<th>Somewhat Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
<td>(4)</td>
<td>(5)</td>
<td></td>
</tr>
</tbody>
</table>

   If I have any money left
   at the end of the pay
   period, I just have to
   spend it.
   ___ ___ ___ ___ ___

2. Please indicate how often you have done each of the following things by placing an X on
   the appropriate line.

<table>
<thead>
<tr>
<th>Very Often</th>
<th>Sometimes</th>
<th>Rarely</th>
<th>Never</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
<td>(4)</td>
</tr>
</tbody>
</table>

   a. Felt others would be horrified if
      they knew of my spending habits.
      ___ ___ ___ ___ ___

   b. Bought things even though I
      couldn’t afford them.
      ___ ___ ___ ___ ___
c. Wrote a check when I knew I didn’t have enough money in the bank to cover it.
   ___ ___ ___ ___ ___ ___

d. Bought myself something in order to make myself feel better.
   ___ ___ ___ ___ ___ ___

e. Felt anxious or nervous on days I didn’t go shopping.
   ___ ___ ___ ___ ___ ___

f. Made only the minimum payments on my credit card.
   ___ ___ ___ ___ ___ ___

Scoring equation = -9.69 + (Q1 x .33) + (Q2a x .34) + (Q2b x .50) + (Q2c x .47) + (Q2d x .33) + (Q2e x .38) + (Q2f x .31).

Substitute your score of 1 to 5 on each question for its place in the equation. For example, if you marked question 1 as 2 (somewhat agree), use 2 in place of Q1 and multiply it by .33. When you have answered each question, add your individual scores together and subtract 9.69 to determine your overall score. If your overall score is a higher negative score than -1.34 (for example, -2.04), you would be classified as a compulsive buyer.